

# Class Descriptions

Summer Express 2014

## Arts:

**Drama Club (Session 2 only):** Theatre games, costuming and props set the stage for a fun-filled time as students are guided through the production and performance of a live show! We begin with the basics of acting, learning techniques in stage presence, vocal projection, character development, and script analysis. We'll learn about the different parts of a production such as costume and set design, directing and stage managing. Camp concludes with a live performance!

**Get Up and Dance:** Get up and dance to hip hop beats and other pop hit music! This dance camp features exciting dance moves along with basic techniques that improve coordination, stamina and overall fitness. Dance steps are introduced slowly in an easy to understand language. As students sharpen their moves and refine footwork, choreography is introduced. Instruction is broken down to simplify the learning process, thereby helping to instill confidence in all dancers. Program culminates with a dance showcase!

**Knitting and Crochet:** Come have fun exploring a whole new world of yarn crafts. Participants will learn finger knitting, straw weaving, dying yarn and how to create their very own loom. No prior knitting experience necessary.



**Mixed Media Art:** Participants will develop new skills and techniques as they learn about artists and artist styles. Kids will experiment with charcoal pencils, pastels, watercolor and more. Your child will discover their inner muse.

**Origami:** Discover the ancient art of paper folding. In our origami class, students learn basic folding techniques used to create an endless variety of origami models. Students will decorate their own special papers and use their folding skills to create projects and games. This program is suitable for children of all ages as a wide range of designs are presented. Students begin with simple models and move on to more complicated levels. While origami is a fun and educational art form it also supports other learning areas such as math and science concepts.

**Pottery:** Pottery making can stimulate the brain and eye, and trigger artistic expression in children. In this class participants, will learn to create from clay, with the three basic methods of hand building: Coiling, pinching and slab work. Students will create bowls, statues, mugs and more.

**Summer Express Glee Club (Session 1 only):** Dance, act, and sing to your favorite songs from musicals and the radio! This program focuses on the different elements of group productions and essential performing skills that include character building, stage presence, and movement. We'll learn about the different parts of a productions such as costume and set design, directing and stage managing. Participants build self-esteem, are inspired to develop individual talents, and realize the artist that lies within each of them. The finale will star the entire cast in a variety show!

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## Class Descriptions At A Glance:

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## Special Interests:

**Chess Skills:** Lessons will include fundamental rules, movement of pieces, capturing, and strategies. Chess is an excellent mental exercise that enhances logic skills and increases problem solving capacity. No chess experience is necessary.



**Computer Essentials:** This class will enhance student's computer skills by exploring a wide variety of computer software. Participants will gain knowledge in applications and tools that will equip the student to be able to manage, present and share information using computer and internet technologies. Students will learn to navigate the web safely, create presentations, play online games, and more.

**Guitar:** Come join the Summer Express class of rock! Lessons taught in the classroom are strategically planned to cover all basic guitar techniques. Students will also learn some fun popular songs along the way. **Guitar required by participant.**

**Let's Get Cooking:** Students will learn basic cooking along with other culinary skills in a hands on setting that emphasizes fun. Kids will prepare delicious snacks, meals and desserts. At the end of each session all recipes will be compiled into a cookbook to be taken home.



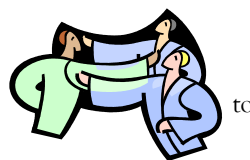
**Science (Session 1 Only) Sloppy Science Lab:** Slap on some safety goggles, snap on some gloves, and get ready for this incredible journey into the science lab. Experiment with substances you probably have at home to create really radical reactions right before your eyes.

Uncover the secrets of chemistry as you grow a crazy crystal garden, build a giant bubbling potion, and transform two regular liquids into an oozing batch of slippery slime. Transform the classroom into a forensic science lab as you learn about detective science, and use your newfound knowledge to become a Crime Scene Investigator!

### **Science (Session 2 Only) Moving With Science:**

Our Mad Scientist inventors have been hard at work putting together this "mad" bunch of physics fun. Investigate, create and play with a variety of objects while learning about motion and simple machines. Assemble and control pulleys, levers, and catapults. Explore the science of circuits and energy which will blast us into space, where we will learn about rockets and airplanes. Whether your child likes to build things or destroy them, this session is sure to include lots of both!

**Self Defense for Kids:** This course will help equip your child with knowledge and strategies to protect themselves in potentially dangerous situations. Children will learn to be more confident and aware in their surroundings. The single most important thing to remember when teaching children about "strangers" is instill confidence and basic knowledge.



**Singing for Fun:** Students will learn basic singing techniques and vocal training. Emphasis will be on the personal improvement and individual development of the student's singing abilities. No prior experience required.

**Spanish:** ¡Vamos a hablar Español! This class will teach participants the basics of the language: the alphabet, colors, numbers, days of the week, the months, simple phrases and salutations, all of which will be used in conversation, reading and writing. There will be songs and games to help with learning. ¡Venga a divertirse! (Come have fun!)

**Yoga:** Many yoga poses are inspired by animals and nature. Children connect to the poses through games, breathing and stretching. This is not your mom's yoga class! After stretching and moving our bodies, class will finish with exploration of breathing and meditation techniques.



# Sports:

**Dance Fitness:** Party, groove and dance yourself healthy! In our Dance Fitness class we use easy steps, fun combinations and great music to get your body moving. Enjoy an energetic class filled with great beats and a party atmosphere!

**Karate for Kids:**

Learn the art of Shotokan. Students will learn how to execute proper punches, blocks and kicks. This class is designed to promote awareness, confidence and self-esteem.



**Rollerblade Clinic:** Participants will learn the basic skills and safety precautions to skating. Skaters of all skill levels are accepted. **Inline skates, helmet, and pads are required.**

**Roller Hockey Clinic:** The class is designed to help beginners, intermediate and advance players improve their skills in all aspects of the game. Participants will receive personalized instruction on individual skill development such as skating, stick control, passing and shooting. **Inline skates, helmet, and pads are required.**

**Swimming:** Learn basic strokes and skills to develop into an all-around swimmer. Participants will be grouped



with those of similar ability. Water safety and swim instruction will be provided.

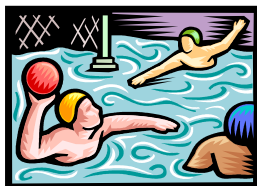
**Please bring a swimsuit, towel and sun block.**

**Team Sports Variety:** Sign up for this exciting sport class to receive personal instruction on skill development on Basketball and Soccer. For Basketball, participants will learn footwork drills, rebounding, and shooting. Some of the Soccer techniques participants will

learn include, receiving, shooting and passing.

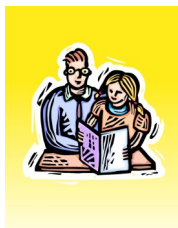
**Tennis:** Learn the basic skills of tennis: Forehand, backhand, serving and volleys. The class will also develop sportsmanship, social skills, and motor skills with an opportunity for enjoyment and challenge of the game. **Please bring your own racket.**

**Water Polo (10-13 years only):** This introductory class will teach the basics of this popular Olympic sport. Each session will cover the game rules, basic strategy, swimming skills and include practice games. Students should be able to swim one pool length using front and back crawl with ease. **Please bring a swimsuit, towel and sun block.**



# Academics:

**Reading Comprehension (6-9 years only description):** For grades 2-4 will help students build on critical reading skills that require more thought than simply recalling facts from the story. Vocabulary instruction will teach them some strategies for unknown words. Students will also receive a grade appropriate book list for better book choices.



**Reading Comprehension (10-13 years only Description):** For grades 5-8 will help students build on critical reading skills that require more thought than simply recalling facts from the story. Vocabulary instruction will teach them some strategies for unknown words. Students will also receive a grade appropriate book list for better book choices.

**Solve This (6-9 years description):** Students, grades 2-4, will become a confident, analytical thinkers and problem solvers. Students will explore many options to solve problems and discuss their tactics with the group. The course includes reviewing the problem-solving process, learning to apply multiple problem solving strategies and practice solving different types of word problems.

**Solve This (10-13 years description):** Is a 10 hour mini course focusing on solving mathematical word problems using a variety of strategies. We shed light on the process of problem solving so that word problems will become less intimidating and students become confident, analytical thinkers and problem solvers. Students explore the many options



to solve problems and discuss their tactics with the group.

**Study Skills (10-13 years only):** Students of all ages need to be organized. This course will help students grades 6-8 with some useful tools for organizing and managing their time, note taking and general study strategies. These tools cannot be put to use until students learn how to use them.

**Sum Fun (6-9 years only):** Addition and Subtraction Math Facts (grades 1-3). A fun approach for children to learn their addition and subtraction tables and to improve understanding of the basic math facts, while increasing speed and accuracy.

**Write On (10-13 years only):** Writing techniques Camp (grades 5-8). Your child will become a more confident writer while exploring and learning various writing techniques such as practicing different approaches to pre-writing, discovering a literary voice, and creating a unique piece of work that reflects style.

**Writing (6-9 years only):** For grades 2-4. Students will learn to organize their ideas and will teach students about effective sentence construction and expansion and effective paragraph writing. Teaching students to use the appropriate writing structure to help build more detail and connection to the topic sentence will make their writing stand out.

